



www.SwimRise.com
coachjr@swimrise.com

Parents Code of Ethics | SwimRise Aquatics

Parents/Guardians play an integral role in your children's development and SwimRise needs your positive engagement at home!

SwimRise Aquatics mission and philosophy include coaching the whole person, please refer to the philosophy throughout the season and encourage your children to do so as well.

As the Parent/Guardian, I pledge to provide positive support, care, and encouragement for my child participating in swimming by following this Parent's Code of Ethics.

1. I will encourage good sportsmanship by demonstrating positive support for all athletes, coaches and officials at every swim meet, practice, and club event.
2. I will not speak negatively about the coaches' decision in front my child and allow coaches the opportunity to implement the training program we feel is best and allow the child to learn through the process.
3. I will encourage my child to speak directly with coaches if they have concerns about their training, meets, etc. to promote independence.
4. I will place the emotional and physical well-being of the children ahead of a personal desire to succeed.
5. I will do my best to communicate with the coach ahead of time if my child will be late or miss practice. Furthermore, encourage my own child to communicate directly with the coach when appropriate.
6. I will support coaches and officials working with my child, to encourage a positive and enjoyable experience for all.
7. I will discuss any concerns I have with the coach privately and respectfully.
8. I will demand a sports environment for my child that is free of drugs, tobacco, and alcohol; and will refrain from their use at all athletic events.
9. I will remember that swimming participation is for the youth, not for the adults.
10. I will remember that coaches have the best interest of the athletes in mind and want them to succeed. I understand swimming is not only about swimming best times or making cuts.
11. I will ask my child to treat other swimmers, coaches, fans, and officials with respect regardless of race, sex, creed, or ability.
12. I promise to help my child enjoy their swimming experience, above all to avoid burnout.
13. I promise to validate my child's disappointment with their own swim times but not provide direction or correction following a meet or engage in negativity about coaches or personal results. I promise to put emotional and mental health above dropping time and winning.
14. I will allow a 24' hour "cool down" window before emailing or discussing any serious concerns I have with the coaches', swim meets or training decisions.

Initial: _____



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15. I promise to ask the coach questions first “what happened” or “is this true” before approaching my coaches with conflicting issues, perspectives, or opinions.
16. I understand that participation practices and swim meets is a privilege not a requirement, if your children or parents are misbehaving, coaches have the discretion to remove them from practice or a meet or suspend them from future events.
17. I understand there is a zero-tolerance policy for vandalism or inappropriate behavior at the UNF facility.
18. I understand that participation in SwimRise Aquatics is one of many options in North Florida. If at any time I do not agree with the philosophy, culture or mission, I understand that I have a choice of where to swim.
19. Participation is at the discretion of the Coaches of SwimRise Aquatics. Parental abuse of the above Code of Conduct may prohibit your child from further participation, suspension from the team practices or events or permanent removal from the program.

Child Name 1: _____

Child Name 2: _____

Child Name 3: _____

Child Name 4: _____

Parent/Guardian 1 _____ Date: _____

Parent/Guardian 2 _____ Date: _____

Initial: _____